



## **Deepening seminar**

with

**Richard Moss**

**25<sup>th</sup> February to 04<sup>th</sup> March 2012 at Trimurti**

*Attention, presence, conscious relationship, Mandala of Being*

Dear friends,

It's an honour to invite you to the deepening seminar with Richard.

It is an opportunity to continue to learn how to receive life fully or just to remind us how to live our daily life with full consciousness.

It is also a privileged moment when we give ourselves time to nourish the precious relationship with our true Self and with each other in a space that creates authenticity and humanity.

We will move, energetically and physically. We will talk and share and meditate. We will experience moments of intensity and moments of deep rest. Above all we will deepen our sense of our Self in a context of shared relationship.

It will be a pleasure to welcome you again at Trimurti this winter if the moment is right for you.

Warmest regards

Eastbourne, 2011

**Richard Moss Europe**

Alain Lemaire 8 The Fieldings Eastbourne BN21 2ER (Royaume Uni / UK)  
T : +44 1323 430 419 E : [r.moss.europe@live.com](mailto:r.moss.europe@live.com) [www.richardmosseurope.com](http://www.richardmosseurope.com)



## Practical information

The seminar is residential and the centre is Trimurti, near St-Tropez in the South of France. It is a beautiful area, ideal for our retreat.

- **TRIMURTI**, Ch. du Val Perier  
FR-83310 COGOLIN  
Tel. **+33 4 94 54 44 11** – Fax +33 4 94 54 63 31
- **Start** : Saturday **25<sup>th</sup> February 2012**, with dinner at 7.30pm.  
We are ready to welcome you from 5pm
- **End** : Sunday **04<sup>th</sup> March 2012**, after lunch at 12pm.

**Accommodation:** Please book directly with Trimurti

- On their website ; [www.trimurti-seminaires.com](http://www.trimurti-seminaires.com)
- By email ; [trimurti@orange.fr](mailto:trimurti@orange.fr)
- By mail, by sending the booking form.

Accommodation fees are between 664€ and 408€ (Rooms of 1 to 5 persons)

You need to pay for your accommodation only when you arrive. No deposit required. Trimurti accepts credit card.

You can call Trimurti for more information but please note that they don't take any booking by phone.

Trimurti closes from 05<sup>th</sup> December 2011 to 16<sup>th</sup> January 2012.

## Seminar:

- Enrolment  
Please fill in the "Registration form", put a photo on it (it helps Richard to know you) and send it **by post or by email** to RICHARD MOSS EUROPE. The questionnaire is an opportunity to share with Richard what it is moving in your live at the moment.
- Payment of seminar: The fees for the seminar are 1,170 Euros
  - For the deposit of 350€, please pay on our website by credit card ;  
[www.richardmosseurope.com/02Trimurti.html](http://www.richardmosseurope.com/02Trimurti.html)
  - For the remaining 820€ or the full amount of 1,170€ to be paid before you arrive at the seminar, please pay on our website by credit card ;  
[www.richardmosseurope.com/02Trimurti.html](http://www.richardmosseurope.com/02Trimurti.html)

**To facilitate the administration of the seminar, if you register and pay the deposit and balance at least 30 days (25<sup>th</sup> January) before the start of the seminar, the cost is 1,100 Euros (350€ deposit and 750€ balance). If you need an alternative mode of payment from credit card please contact Richard Moss Europe. Thank you**

Your registration will be considered definitive when Richard Moss Europe has received the questionnaire, photo and deposit. If you need a payment plan, please contact Alain Lemaire when you register. In case of a real financial need some arrangements can be made.

**If you cancel your participation at the seminar:**

**Up to 15 days** before the seminar, the deposit will be returned, except for 50€ for administrative fees.  
**15 days or less** before the seminar, no deposit is given back and a credit of 350€ is given for a next seminar.

### Richard Moss Europe

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**Registration form**  
**RICHARD MOSS**  
Seminar from Saturday February 25<sup>th</sup> to Sunday March 04<sup>th</sup> 2012

Photo  
absolutely  
necessary !  
No Staples  
Thanks

SURNAME : First name :

I need a receipt Yes No

I accept the cancellation and refunding terms, the way they are explained in the letter and I pay the deposit. **Yes No**

Date Signature

**Please write only the details that have changed since your last attendance. Thank you**

Address :

Post code : Town : Country :

Home Work

Phone : \_\_\_\_\_

Mobile : \_\_\_\_\_

Please use this sheet to tell Richard anything you would like to share with him. This can help you to prepare yourself for the seminar, by initiating a reflection on what is deeply moving in your life since the last seminar.

Everything you share is strictly confidential : Richard Moss will be reading your questionnaire to get to know you better. Please write clearly. Thanks

### Reservation sheet - Accommodation

Mr.  Mrs  Surname .....

First name.....

Invoice YES - NO Invoice to the order of: .....

Address: .....

Postal code:..... Town: .....

Nationality: ..... Country:.....

☎:..... E-mail: .....

Arrival date:..... Time: .....

Departure date: ..... Time: .....

**Facilitator's name:** .....

Address: Chemin du Val de Périer – 83310 COGOLIN

### 2012 Accommodation rates

Full board (per day and per person) which includes: the cost of the room, breakfast, lunch, dinner, as well as free coffee and tea during breaks.

**Check the box next to your first choice:**

(Please mark your second choice in case of unavailability.)

**1 person room** **F.B.**  
 Room with shower and WC .....  €83.00  
 Room with shower .....  €80.00  
 Room with shared facilities.....  €74.00

**2 person room**  
 Room with shower-wc .....  €73.00  
 Room with shower .....  €70.00  
 Room with shared facilities.....  €64.00

**3 person room**  
 Room with shower-wc .....  €63.00  
 Room with shower .....  €60.00  
 Room with shared facilities.....  €54.00

**5 person room**  
 Room with shower-wc .....  €53.00  
 Room with shared facilities.....  €51.00

**July – August**  
 Individual tents.....  €50.00

**Extra :**

**Meal** ..... €17.00                      **Breakfast** ..... €6.00

### To be filled out by TRIMURTI

Labels	Number	Price	Room #..... Total
Full board:	.....	.....	.....
Night+Bfast/package deal:	.....	.....	.....
Meal Sup.:	.....	.....	.....
Breakfast Sup.:	.....	.....	.....
Child's board:	.....	.....	.....
Room rental:	.....	.....	.....
Equipment rental:	.....	.....	.....
Tourist tax:	.....	.....	.....
Misc.:	.....	.....	.....

Date of payment	Bankcard	Cheque	Cash	General total

**PLEASE NOTE: The single room sleeping option's availability depends on the centre's occupancy rate.**

Towels and washcloths are not provided. Please bring a flashlight. No pets permitted.

**ROOMS MUST BE VACATED BEFORE 10:00a.m. THE DAY OF DEPARTURE**  
 15/09/2011